

# THE RESPONSIBLE TRAVELLER MANIFESTO



FUNDACIÓN  
InterMundial



RTI



BIOSPHERE

When planning your trip, research the characteristics of the destination you want to visit and take the necessary steps to have all the documentation, travel insurance and medical checks that you may be required to have up to date.

In addition, always follow the recommendations of the local authorities, especially in case of emergencies. Check the origin of the products you consume to avoid any risk, especially infectious or allergic reactions or intolerances.

**BE AWARE OF  
THE RISKS  
INVOLVED  
IN TRAVEL  
AND TAKE THE  
NECESSARY  
PRECAUTIONS**





**ENCOURAGES  
LOCAL  
DEVELOPMENT  
OF THE  
DESTINATION BY  
CONSUMING  
LOCAL PRODUCTS  
SERVICES**

Support local entrepreneurship by consuming products or services that are produced in the destination and whose direct and indirect benefits are distributed transversally and favour the most vulnerable groups.


Likewise, when purchasing any goods or services, buy only what you really need and do so at a fair price so as not to stabilise the local economy or the living conditions of the owners or employees of local businesses.

Learn, whenever possible, about the cultural aspects of the destination you are visiting [customs, gastronomy, languages or dialects, traditions, heritage, etc.].

Also, make sure you are aware of their social norms to avoid behaviour that may be offensive or humiliating to your host community. Likewise, be an example of tolerance by creating opportunities for mutual learning with locals and other travellers, avoiding conflictive or unwanted situations.



## SHARE AND LEARN ABOUT YOUR HOST COMMUNITY COMMUNITY, RESPECTING YOUR VALUES AND TRADITIONS



**CONTRIBUTES TO THE  
CONSERVATION,  
PROTECTION AND  
REGENERATION OF  
AQUATIC ECOSYSTEMS  
AQUATIC AND  
TERRESTRIAL  
ECOSYSTEMS OF THE  
DESTINATION**



Only enjoy products, services and experiences that guarantee the sustainable exploitation of the destination's aquatic and terrestrial resources and that respect the natural habitat of native or foreign fauna and flora, avoiding animal abuse or the destruction of the environment.

Likewise, it adopts responsible behaviour, avoiding the generation of waste, and collaborates with the sanitation and cleaning programmes carried out at the destination to avoid the deterioration of natural spaces and to maintain biodiversity.

It favours the elimination of barriers that limit the integration of people for reasons of gender, origin, religion, sexual orientation, economic situation or any other condition; avoiding sexist language, offensive comments or the use of labels that contribute to negatively stereotyping these groups.

Likewise, it facilitates access and equal opportunities for those who have different needs in terms of mobility and communication, respecting the spaces or services intended for their use.



**RESPECTS THE  
DIVERSITY AND  
DO NOT ENCOURAGE  
OR PARTICIPATE  
IN DISCRIMINATORY  
ACTIVITIES**





**CONSUME  
RESPONSIBLY  
AND PARTICIPATE  
IN SUSTAINABLE  
MANAGEMENT  
OF RESOURCES**



Choose products, services or experiences that guarantee the intelligent and efficient management and use of water and energy resources, consuming those that have the least impact on the environment and can be recycled or reused.

Avoid excessive or wasteful water consumption and opt, whenever possible, for transport with reduced or zero polluting emissions. Also, calculate your carbon footprint and offset it as far as possible..

Pay special attention to recognise how the destination and its infrastructures (buildings, transport, housing, public spaces...) are managed so that your visit does not disrupt local life.

In addition, contribute to the conservation of tourist attractions, respecting the rules and accesses designed for their preservation and protection.



## **PROMOTES THE SUSTAINABILITY OF HERITAGE AND INFRASTRUCTURE OF THE DESTINATION**





**CHOOSE PRODUCTS,  
SERVICES OR  
EXPERIENCES  
THAT ENHANCE THE  
SUSTAINABILITY OF  
THE DESTINATION  
THROUGH  
R+D+I**



Prioritise those products, services or experiences that, whenever possible, incorporate new technologies and innovative methods that contribute to the sustainability of the destination through the saving or better use of resources, information or communication capacity.

Verify that the products or services you consume have been produced under decent and fair working conditions that integrate the local population or those at risk of social exclusion and avoid sexual or child exploitation, animal abuse or unhealthy conditions, among others.

Likewise, treat all workers respectfully, both those of the companies in the destination you are travelling to and those in your own community.



**PROMOTES  
DECENT AND FAIR  
WORKING  
CONDITIONS THAT  
RESPECT  
WORKERS'  
RIGHTS.**



**JOIN THE  
MANIFESTO  
OF THE  
RESPONSIBLE  
TRAVELLER  
AND  
SHARE IT**



Support initiatives and programmes that encourage the exchange of experiences and good practices that favour peace; actively participate in networks, partnerships, activities and alliances that promote sustainable development. Start by joining the Responsible Traveller Manifesto, taking sustainable actions and sharing your commitment with others.

# THE RESPONSIBLE TRAVELLER MANIFESTO



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Biosphere sustainable